



## MASTER COURSE OUTLINE

Prepared By: Ryann Leonard

Date: September 2017

## COURSE TITLE

Lifespan Psychology

## GENERAL COURSE INFORMATION

Dept.: PSYC&

Course Num: 200

(Formerly: PSY 100)

CIP Code: 42.0101

Intent Code: 11

Program Code:

Credits: 5

Total Contact Hrs Per Qtr.: 55

Lecture Hrs: 55

Lab Hrs: 0

Other Hrs: 0

Distribution Designation: Social Science SS

## COURSE DESCRIPTION (as it will appear in the catalog)

This course examines the physical, cognitive, emotional, and social growth and development that occurs throughout the human lifespan.

## PREREQUISITES

Completion of PSYC& 100

## TEXTBOOK GUIDELINES

Appropriate text as determined by the department.

## COURSE LEARNING OUTCOMES

*Upon successful completion of the course, students should be able to demonstrate the following knowledge or skills:*

1. List the research methods (observation, case study, survey and experiment) and designs (longitudinal, cross-sectional and cross-sequential). Discuss the strengths and weaknesses of each type of research method and design used in the study of human development.
2. Explain the theoretical issues in development: heredity vs. environment; growth, maturation and learning; continuity and discontinuity; active and passive perspectives.
3. Identify the major assumptions of psychosexual, psychosocial, cognitive, behavioral, social learning, epigenetic, and sociocultural theories of development.
4. Develop an appreciation of context and culture in relation to development.
5. Explain genetic principles and influences on development.
6. Define bereavement and grief; discuss the cultural component of death and dying.
7. Critically relate developmental constructs to one's own life.
8. Students will have a grasp of lifespan psychology as an integrated, multi-perspective approach to development.

## INSTITUTIONAL OUTCOMES

IO1 Communication: Students will be able to communicate clearly and effectively.

IO2 Quantitative Reasoning: Students will be able to reason mathematically.

IO3 Human Relations/Workplace Skills: Students will be able to demonstrate teamwork, ethics, appropriate safety awareness and/or workplace specific skills.

**COURSE CONTENT OUTLINE**

1. Theory and research in human development
2. Foundations of development
3. Early childhood (2-6)
4. Middle childhood (6-11)
5. Adolescence: the transition to adulthood
6. Early adulthood
7. Middle adulthood
8. Late adulthood
9. End of life

**DEPARTMENTAL GUIDELINES** *(optional)*

PO4 should be assessed: Students will be able to recognize or articulate personal/interpersonal aspects of, or connections between, diverse cultural, social, or political contexts.

PO5 should be assessed: Students will be able to solve problems by gathering, interpreting, combining and/or applying information from multiple sources.

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**DIVISION CHAIR APPROVAL**

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**DATE**