



MASTER COURSE OUTLINE

Prepared By: Michael De Hoog

Date: August 8, 2020

COURSE TITLE

Theory of Basketball

GENERAL COURSE INFORMATION

Dept.: PEH

Course Num: 102

(Formerly:)

CIP Code: 13.1314

Intent Code: 11

Program Code:

Credits: 3

Total Contact Hrs Per Qtr.: 44

Lecture Hrs: 22

Lab Hrs: 22

Other Hrs: 0

Distribution Designation: Specified Elective SE

COURSE DESCRIPTION (as it will appear in the catalog)

Designed for students to learn the basic skills required to teach or coach basketball. Emphasis is placed on analyzing fundamentals, gaining knowledge of offensive and defensive strategy and becoming familiar with the responsibilities of a basketball program.

PREREQUISITES

None

TEXTBOOK GUIDELINES

Determined by instructor

COURSE LEARNING OUTCOMES

Upon successful completion of the course, students should be able to demonstrate the following knowledge or skills:

1. Develop a basketball program.
2. Define the various roles of a coach.
3. Design a functional offseason/in season conditioning program.
4. Describe and explain the components of a successful defense.
5. Develop successful offensive strategies.

INSTITUTIONAL OUTCOMES

None

COURSE CONTENT OUTLINE

1. Designing a Conditioning Program
2. Skill Development of the Athlete
3. Defensive Systems
4. Offensive Systems
5. Principles of a Team
6. Implementing a Program

DEPARTMENTAL GUIDELINES *(optional)*

PO5 should be assessed: Students will be able to solve problems by gathering, interpreting, combining and/or applying information from multiple sources.

DIVISION CHAIR APPROVAL

DATE