

#### **MASTER COURSE OUTLINE**

Prepared By: Jennifer Reames Zilliox, Mercedes Gonzalez-Aller, Sherry Donovan Date: September 2017

#### **COURSE TITLE**

**Nursing Skills Laboratory** 

### **GENERAL COURSE INFORMATION**

Dept.: NUR Course Num: 136 (Formerly: )
CIP Code: 51.3801 Intent Code: 21 Program Code: 323

Credits: 1

Total Contact Hrs Per Qtr.: 22

Lecture Hrs: 0 Lab Hrs: 22 Other Hrs: 0

Distribution Designation: None

## **COURSE DESCRIPTION** (as it will appear in the catalog)

This course provides for the practice of nursing skills in a controlled setting in order to gain proficiency for delivery of nursing care in the clinical setting (NUR 121). The content is based on theoretical nursing knowledge taught in NUR 120.

#### **PREREQUISITES**

BIOL& 260, with a 2.0 G.P.A. or above

### **TEXTBOOK GUIDELINES**

As required by BBCC Nursing Program

# **COURSE LEARNING OUTCOMES**

Upon successful completion of the course, students should be able to demonstrate the following knowledge or skills:

- 1. Identify correct interventions for abnormal vital signs or physical assessment findings.
- Demonstrate assessment and care of an uncomplicated postpartum couplet.
- 3. Explain "Sterile conscience" and its importance.
- 4. Identify and demonstrate skills commonly performed in the medical and surgical clinical setting.
- 5. Demonstrate safe peripheral administration of Intravenous fluids utilizing a variety of delivery systems.
- Insertion of a straight or indwelling urinary catheter, application of a condom catheter or urinary bag, bladder irrigation or collection of a sterile urine sample.
- 7. Demonstrate documentation of interventions implemented. (C)
- 8. Explain skills and observations done during the administration of any blood product.
- 9. Demonstrate basic teaching skills for pre-op and post op care (POC.2)

#### INSTITUTIONAL OUTCOMES

None

# **COURSE CONTENT OUTLINE**

1. Sterile Technique and Surgical Asepsis

- 2. Wound Management
- 3. Newborn and Postpartum Assessment
- 4. Urethral Catheterization
- 5. Blood Product Monitoring
- 6. Intravenous Management IV Infusion Set-Up and Monitoring
- 7. IV Medication Administration
- 8. Pain and PCA Assessment and Management
- 9. Diabetic Assessment Education Pre and Post OP Teaching

## **DEPARTMENTAL GUIDELINES** (optional)

- Pass/Fail course
- Demonstrates professional behaviors and adheres to the guidelines addressed in the Student Handbook.
- Demonstrates proficiency in specific skills as outlined in the individual skills syllabus.
- Remediate failed Skills Laboratory class within one week.

The outcomes for the Nursing program are based on the Core Concepts: Communicator (C); Provider of Care (POC); Manager of Care (MOC); and Professional (P). Progress is assessed throughout the 2-year program culminating in a professional portfolio.

- 1. Communicate effectively to deliver relevant, accurate and complete information to patients, families, and the healthcare team. (C)
- 2. Deliver safe and effective physical, psychosocial, cultural, and spiritual care to the whole person in a variety of settings. (POC.1)
- 3. Plan, initiate, and evaluate patient teaching including assessment of current knowledge, use of appropriate materials and techniques. (POC.2)
- 4. Demonstrate clinical decision-making from a theoretical knowledge base utilizing the nursing process to develop patient care plans that ensure safe, effective care in a variety of settings. (MOC)
- 5. Assume responsibility and accountability in the practice of registered nursing as defined by the professional standards and codes of nursing. (P.1)
- 6. Participate as a member of the healthcare team for educational and institutional growth. (P.2) Additionally, a Dosage Calculation Exam must be passed each quarter with a score of 90% or greater to continue in the program. A student may retake this exam one time only. The Dosage Calculation Exam score is not included in the "Unit Tests" grade.
  PO4 should be assessed.

DIVISION CHAIR APPROVAL	DATE