Big Bend
COMMUNITY COLLEGE

MASTER COURSE OUTLINE
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COURSE TITLE
Fundamentals of Nursing

GENERAL COURSE INFORMATION

Dept.: NUR	Course Num: 110	(Formerly:)
CIP Code: 51.3801	Intent Code: 21	Program Code: 323
Credits: 4		
Total Contact Hrs Per Qtr.: 44		
Lecture Hrs: 44	Lab Hrs: 0	Other Hrs: 0
Distribution Designation: None		

COURSE DESCRIPTION (as it will appear in the catalog)
Focus is on fundamental nursing theory for the practice of nursing upon which the Level I ADN Nursing student may apply the nursing process to identify and meet the cultural, physical, psychological, social, and spiritual needs of the adult and geriatric client.

PREREQUISITES
Admission into the Level I ADN Nursing Program

TEXTBOOK GUIDELINES
As required by BBCC Nursing Program

COURSE LEARNING OUTCOMES
Upon successful completion of the course, students should be able to demonstrate the following knowledge or skills:
1. Compare types of theories (nursing and science based) and the application to nursing practice. (P.1)
2. Identify the physiological, psychological, and mental changes related to aging. (POC.1)
3. Discuss fundamental nursing concepts related to physical and psychosocial care of patients across the lifespan. (POC.1)
4. Demonstrate critical thinking and problem solving through actualization of the nursing process. (MOC)
5. Construct potential and actual care plans for patients across the lifespan. (MOC)
6. Identify pertinent components related to infection control. (POC.1)
7. Explain the stages of sleep, negative effects of sleep disturbances on healing and developmental changes of sleep across the life span. (POC.1).
8. Discuss aspects of health behaviors, physiological responses, and psychological responses to stress, death, and the dying process. (POC.1)
9. Identify principles and concepts of learning and teaching.(POC.2)

INSTITUTIONAL OUTCOMES
IO1 Communication: Communicate effectively to deliver relevant, accurate and complete information to patients, families, and the healthcare team.

COURSE CONTENT OUTLINE
1. Introduction to Nursing
2. Elimination and Geriatric Focus
3. Beginning Health Assessment
4. Beginning Nursing Process
5. Contextualizing Health Assessment and Nursing Process
6. Applying Health Assessment and Nursing Process
7. Health Management and Safety
8. Sleep, Rest, Pain Perception and Complementary Therapies
9. Palliative Care, Loss and Grieving, and Stress and Stress Management
10. Patient Education

DEPARTMENTAL GUIDELINES *(optional)*
The outcomes for the Nursing program are based on the Core Concepts: Communicator (C); Provider of Care (POC); Manager of Care (MOC); and Professional (P). Progress is assessed throughout the 2-year program culminating in a professional portfolio.
1. Communicate effectively to deliver relevant, accurate and complete information to patients, families, and the healthcare team. (C)
2. Deliver safe and effective physical, psychosocial, cultural, and spiritual care to the whole person in a variety of settings. (POC.1)
3. Plan, initiate, and evaluate patient teaching including assessment of current knowledge, use of appropriate materials and techniques. (POC.2)
4. Demonstrate clinical decision-making from a theoretical knowledge base utilizing the nursing process to develop patient care plans that ensure safe, effective care in a variety of settings. (MOC)
5. Assume responsibility and accountability in the practice of registered nursing as defined by the professional standards and codes of nursing. (P.1)
6. Participate as a member of the healthcare team for educational and institutional growth. (P.2)
Additionally, a Dosage Calculation Exam must be passed each quarter with a score of 90% or greater to continue in the program. A student may retake this exam one time only. The Dosage Calculation Exam score is not included in the "Unit Tests" grade.
PO4 should be assessed.

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DIVISION CHAIR APPROVAL   **DATE**