

Where Do I Go For Help?

Big Bend Community College Campus

Accommodation & Accessibility Services (formerly Disability Services)	509-793-2027
Admissions/Advising	509-793-2089
Affirmative Action/Title IX Coordinator	509-793-2008
BGCC Childcare Center	509-793-2173
BGCC Technology	509-793-2206
Campus Alert System: https://www.bigbend.edu/student-center/campus-alerts/	
Career Services	509-793-2069
Counseling	509-793-2035

***If you are concerned about a student, you can share your concern by completing a Care Team [Report It Form](#).**

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Financial Aid	509-793-2034
Food Benefit (WA Connection)	877-501-2233
Gay/Straight Alliance (LGBTQ)	509-793-2387
Library (technology, textbooks, online and print resources)	509-793-2350
Public Benefits	877-501-2233
Security	509-793-2286
Supplemental Instruction (tutoring)	509-793-2401
TRIO	509-793-2039
Veteran Services	509-793-2075 or 793-2452
Viking Food Pantry (VFP)	509-793-2057
WorkForce Education Services (WES)	509-793-2310

HS Diploma – GED & BBCC Adult Basic Education Services

Adult Basic Education (GED Preparation)	509-766-6300
High School, GED and English as Second Language Classes	509-793-2301
Skill Source	509-766-6300. or 800-289-9196
Open Doors	509-793-2069
OIC of WA	509-764-8120

Emergency -Crisis & Urgent Resources Community State and National

Police * Fire * Ambulance * Emergency	911
Suicide and Crisis Lifeline (English and Spanish)	988
Poison Control Center	800-222-1222
<u>Centers for Disease Control and Prevention</u> (Manage Anxiety & Stress)	
Crisis Hotline of Grant County-Grant	509-765-1717 or (800) 852-2923
(translation/language services available)	877-467-4303
<u>Forefront Suicide Prevention</u>	
<u>New Hope Domestic Violence and Sexual Assault Services</u> 24-hour Victim Access Hotline 1-888-560-6027	(509) 764-8402

Youth Crisis Services

National Child Abuse Hotline	800-422-4453
National Runaway Safeline	800-786-2929
Youth Dynamics	509-765-4184
WA Center – Missing & Exploited Children	800-543-5678

Suicide Prevention Services

Emergency	911
Suicide and Crisis Lifeline (English and Spanish)	988
Crisis Line of Grant County - Confidential Services	509-765-1717
Grant Mental Healthcare Moses Lake	509-765-9239
Hopeline Network	800-784-2433
LGBTQ Youth Suicide Hotline	866-4U-TREVOR
Moses Lake Suicide Hotline	509-765-1717
National Suicide Prevention Hotline/Lifeline Crisis Text Line: Text HOME to 741741	800-273-8255 English 888-628-9454 (Español) 711 then 1.800.273-8255 (TTY)

Police – Law Enforcement Agencies

Adams County Sheriff	509-488-2061
Ephrata Police Department	509-754-2491
Grant County Sheriff's Office	509-754-2011
MACC Dispatch 24 hours	509-762-1160
Mattawa Police Department	509-932-4112
Moses Lake Police Department	509-764-3887
Quincy Police Department	509-787-4718
Royal City Police Department	509-346-2212
Soap Lake Police Department	509-246-1211
Warden Police Department	509-349-2326

Addiction & Recovery Services

<u>Substance Abuse and Mental Health Services Administration</u> (SAMHSA) National Helpline:	800-662-4357 1- (TTY 1-800-487-4889)
Advocates for Wellness	509-783-8833
Alcohol/Drug Helpline	.888-978-3685
Alcohol and Drug Dependency Services	509-764-5206
Alcoholics Anonymous	509-664-6469
Gambling Addiction Hotline	800-522-4700
Grant County Health District	509-766-7960
Grant Integrated Services	509.765.9239
Grant County Prevention and Recovery Center	509-765-5402
Narcotics Anonymous	360-647-3234
Quincy Partnership for Youth	509-787-3523
Tobacco Quit Line	800-784-8669
En Español	855-335-3569
Washington Alcohol & Drug Recovery Helpline	866-789-1511

Services for Individuals with Disabilities

Americans with Disabilities Act Hotline	800-514-0313
Beneficial In-Home Care (Moses Lake)	509-764-0004
Children with Special Health Care Needs	509-766-7960
Direction in Comm. Living (Residential Services)	509-762-1161
Division of Developmental Disabilities	509-764-5674
DSHS Community Health Services	877-501-2233
DSHS Community Service Office	509-764-5674
Moses Lake Office	509-764-5600
Okanogan Office	509-846-2098
Spokane Regional Office...	888-328-9271
DVR (Dept. of Vocational Rehab)	509-766-5570
Eastern Washington Center for Deaf and Hard of Hearing www.ewcdhh.org	509-315-2260 800-214-3323
Family Resources and Coordination (Infant/Toddler Early Intervention Program)	509-765-5809 877-765-5889
Family Help...	800-322-2588
Grant County Developmental Disabilities.	509-762-1161
Grant County Parent to Parent	509-764-7424
Health Library	509-793-9690
Hispanic Outreach	509-766-8972
Home and Community Services	509-764-5657 or 800-671-8902
Knights of Columbus	509-554-9199
Parent to Parent	800-821-5927
Washington Star Foundation (Gr. Co. Chap)	509-744-3411
WIC Nutrition	509-766-9815
Within Reach...	206-284-2465

<i>Financial – Legal Services</i>	
The Prosperity Center-OIC of WA	509-765-9206
Central Support Legal Services	509-662-9681
CLEAR	888-201-1014
Columbia Legal Services	509-662-9681
(Assists Low Income Individuals)	800-572-9615
District and Superior Court	509-754-2011
Fair Housing Alliance (housing discrimination)	509-325-2665
Grant/Adams Volunteer Legal Services	509-765-9693
Grant County Youth Services	509-754-5690
Housing Authority of Grant County	509-762-5541
Landlord – Tenant Law Hotline	206-723-0500
New Hope Domestic Violence & Sexual Assault	509-764-8402
Northwest Justice Project	509-664-5101
(Assists Low Income Individuals)	888-201-1021
OIC of Washington for Farm Workers	509-764-8120
Survivor of Violent or Other Crimes	509-570-0054
Tenants Union of Washington State...	206-723-0500
TDD...	206-723-0523

<i>Pregnancy Support & Other Family Services</i>	
Columbia Basin Health Association	509-488-5256
Crossroads Pregnancy Resource Center	509-765-4425
Family Planning of North Central Washington – Confidential Services	509-765-4001
First Steps Maternity Support Services at Moses Lake Community Health Center	509-765-0674
Moses Lake Community Health Center	509-765-0674
Planned Parenthood-ML Health Center	800-230-7526
Pregnancy Support Services of Ephrata	509-754-4357
Quincy Partnership For Youth	509-787-3523
Confidential Services	509-787-3522

Other Local Resources

Call 211 for assistance in Washington or Oregon or Visit www.211.org

<i>Clothing - Food – Housing</i>	
Ephrata Food Bank	509-754-5772
Grand Coulee Food Bank	509-633-2742
Housing Authority City of Othello	509-488-3527
Housing Authority of Grant County	509-762-5541
Mattawa Food Bank	509-832-2331
Moses Lake Food Bank	509-765-8101
Moses Lake Salvation Army	509-766-5875
Moses Lake United Methodist Church	509-765-5332
Othello Food Bank	509-488-6044
Our Lady of Fatima Catholic Church	509-765-6729
Quincy Food Bank	509-787-4963
Ritzville Food Bank	509-659-4449
Royal City Food Bank	509-346-2322
Serve Moses Lake	509-764-8276 or 509-431-2429
Soap Lake Food Bank	509-246-0164
Warden Food Bank	509-349-9999
Washington Connection	877-501-2233
WIC Nutrition	509-766-9815

<i>Homeless (or at risk of being homeless)</i>	
HopeSource	509-707-0179
Moses Lake Salvation Army	509-766-5875
Serve Moses Lake (Moses Residents ONLY)	509-764-8276
Warming Center	509-771-2361

<i>Transportation</i>	
Grant Transit Authority	509-765-0898
People for People – Confidential Services	509-765-9249
Special Mobility Services	509-534-9760
--Confidential Support Services	800-892-4817
Quincy Partnership For Youth	509-787-3523

<i>Utilities</i>	
Grant County PUD (Equal Payment Plans)	509-766-2505
OIC of WA (Energy Assistance)	509-765-9206
OIC of WA (Farmworkers and Dependents)	509-764-8120
Salvation Army	509-766-5875
Serve Moses Lake (ML Residents Only)	509-764-8276
Serve Quincy (Quincy Residents Only)	509-797-7356

Community Meals

Monday – Wednesday, 12:00 pm – 1:00 pm Loyal Order of Moose 417 W. Broadway, Moses Lake,	509-765-4256
Thursdays, 11:00 am – 1 pm Our Lady of Fatima Catholic Church 200 N. Dale Rd., Moses Lake (Also have showers, clothing, free haircuts, must sign up week before)	509-765-6311
Fridays, 12:00 – 1:00 pm Loyal Order of Moose 417 W. Broadway, Moses Lake,	509-765-4256
Saturdays, 11:00 am – 1:00 pm ML United Methodist Church 746 S. Ironwood Dr., Moses Lake (Near Samaritan Hospital, clothing closet also available, transportation available, call for pick up)	509-765-5332

Employment – Job Search and Guidance

Aerotek	509-762-1000
BBSI	509-765-4408
BEST Human Resource Solution	509-764-4240
DVR (Dept. of Vocational Rehab)	509-766-5570
Employment Security	
Mattawa	509-932-4045
Moses Lake	509-766-2559
Othello	509-488-6993
Okanogan County	509-826-7310
Express Employment	509-765-0322
Manpower (Kennewick office)	509.735.7444
OIC of WA (Farmworker & Dependents)	509-764-8120
Omni Staffing Services	509-855-5497
SkillSource	509-766-6300
Total Employment (TEAM)	509-765-3214

Health & Dental Services	
Access to Baby and Child Dentistry (ABCD) --Moses Lake Community Health (ABCD Provider)	509-766-7960 800-371-8638
Association of Samaritan Physicians (Moses Lake)	509-764-2933
Columbia Basin Family Medicine (Ephrata)	509-754-3330
Columbia Basin Health Association (Othello) -Ephrata, Lind, & Mattawa locations also	509-488-5256
Columbia Valley Community Health Association	509-662-6000
Coulee Family Medicine (Grand Coulee)	509-633-1911
Ephrata Medical Center	509-754-3563
Grant County Health District (Moses Lake)	509-766-7960
Lakeside Dental	509-764-0307
Mattawa Medical Clinic	509-932-4499
Moses Lake Clinic	509-764-6400
Moses Lake Community Health Center (health & dental)	509-765-0674
Parkview Pediatrics (Moses Lake)	509-766-9450
Quincy Community Health Center (health) --dental	509-787-6423 509-787-0715
Quincy Sage View Family Care	509-787-3503
Royal City Clinic	509-346-1447
Wahluke Family Health Center	509-488-5256
Wenatchee Valley Clinic	509-663-8711
Columbia Basin Hospital (Ephrata)	509-754-4631
Coulee Community Hospital (Grand Coulee)	509-633-1753
Othello Community Hospital	509-488-2636
Quincy Valley Medical Center	509-787-3531
Samaritan Hospital (Moses Lake)	509-765-5606
Smiles Sonrisa Dental	509-766-9030
Smile Quest --Royal City --Warden	509-346-2880 509-349-7420
Wahluke Family Dental	509-488-5256
WIC Nutrition	509-766-9815

Counseling - Mental Health Services & Support	
<u>Adams County Integrated Health Care Services</u> --Othello --Lind, Ritzville, Washtucna	509-488-5611 509) 659-4357
Grant Mental Healthcare; <u>Grant Integrated Services</u> New name: Renew	509-765-9239 Crisis line: 800-852-2923
Grand Coulee Office	509-633-1471
Mattawa Office	509-932-0100
Moses Lake and county	509-765-9239
Quincy Office	509-787-4466
Quincy Community Health Center	509-787-6423
Washington Recovery Help Line 24-hr help for substance abuse, problem gambling & mental health	866-789-1511

Activities for Children & Teens	
4-H (WSU Cooperative Extension)	509-754-2011, ext. 413
Boys and Girls Club of the Columbia Basin	509-764-9694
Boy Scouts	509-453-4795
Camp Fire	509-663-1609
NCW Council of Camp Fire Boys and Girls	800-548-8884
Communities that Care...	509-766-7960
Girl Scouts	800-827-9478
Moses Lake Museum and Art Center	509-764-3830
Moses Lake Parks and Recreation	509-764-3805
Quincy Youth Action	509-787-3523
Salvation Army Summer Camp	509-766-5875
Youth Dynamics	509-765-4184

Senior Services	
Aging and Adult Care of Moses Lake	877-380-5787
Avalon Health Care	509-488-9609
Beneficial In-Home Care (Moses Lake)	509-764-0004
Central Support Legal Services	509-662-9681
Columbia Basin Retirement Home	509-754-5232
Columbia Crest	509-765-6788
Community Services Office	877-501-2233
Lakeridge Solana Alzheimer's Care Center	509-765-7835
McKay Health Care & Rehab	509-246-1111
Moses Lake Senior Center	509-766-2568
Meals on Wheels	509-766-2568
Retired Senior Volunteer Program Wenatchee	509-662-6516
Summerwood	509-764-1900

Veterans Services	
Department of Veterans Affairs (United States) --TTY	800-827-1000 800-829-4833
Grant County Veterans Assistance Program	509-754-2011, ext. 2931
Spokane VA Medical Center	509-434-7000
Spokane Vet Center	800-444-8387
Veteran's Coalition of Grant County	509-764-0454
Veterans Crisis Line	1-800-273-8255 Press 1 or Text 838255

Information in this resource guide provided for people living in Moses Lake and nearby communities
 Questions/Changes – Call 509-793-2310 (Workforce Education Services)

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